

Rule of Life



WHAT DO I CURRENTLY DO?

**GIVEN MY LIFE CIRCUMSTANCES,
WHAT MIGHT BE THE IDEAL?**

**GIVEN MY LIFE CIRCUMSTANCES,
TO WHAT MIGHT I REASONABLY
ASPIRE AT THIS STAGE?**

DAILY PRAYER

CONFESSION OF SIN

RECEIVING PERSONAL
SPIRITUAL GUIDANCE

SELF-DENIAL

SCRIPTURE STUDY

TITHING & GENEROSITY

SERVING OTHERS

SELF-CARE: NUTRITION,
SLEEP, EXERCISE, FUN

NON-ESSENTIAL TIME IN
FRONT OF A SCREEN

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